

COMMON SENSE

1. Always respect the river.
2. Wear your PFD (personal flotation device), especially if the river is swift or cold, and always at Compton Rapid.
3. Respect property owner rights (do not trespass).
4. Bring back more trash than you generate (it's good karma).
5. Give fishermen space to do their thing (also good karma).
6. Secure your car keys, and waterproof your cell phone.
7. Overnight float? Make your camp high, pull your watercraft up well off the river, & tie it off.
8. Use cat holes for bodily waste, drown campfires, and take your trash.

EMERGENCY

1. Call us. 540-635-5526. We know the river geography well and can coordinate a response.
2. Cell service. Sprint - good. AT&T - fair, Verizon - poor. T-mobile - poor.
3. River mile markers 1 to 22 are in Page County: call 911 or 540-843-0911.
4. River mile markers 22 to 44 are in Warren County: call 911 or (540) 635-4128.

CANOEING TIPS

1. Seats are set noticeably to the rear, or stern, of the canoe.
2. Balance load side to side with slightly more weight in the stern.
3. Paddle in unison on opposite sides of the canoe.
4. The stern paddler is responsible for locomotion and steering, the bow paddler for locomotion and general direction (and gets to castigate the stern paddler for obvious steering blunders).
5. Any third person should sit on the floor of the canoe just ahead of the center thwart.

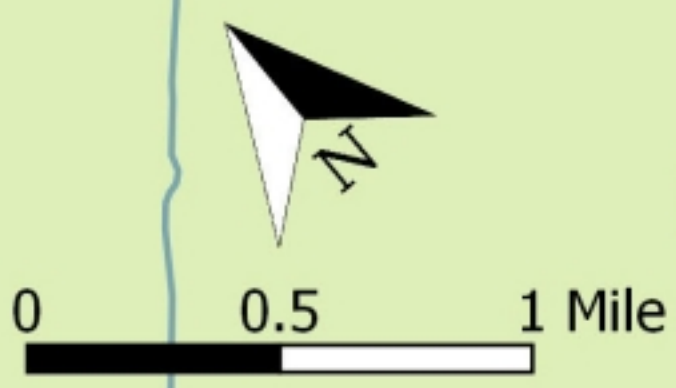
IN SWIFT WATER

1. Always wear your PFD
2. Look ahead and plan the route, usually following and aligned with the main water flow.
3. If you are unsure, scout ahead.
4. If you overturn:
 - a. Immediately push away from and get upstream of overturned watercraft. Just let it go.
 - b. Do hang on to your paddle, and float on your back with feet downstream to ward off rocks.
 - c. Recover watercraft in calm water and swim it to shore to empty out the water.

SAFETY

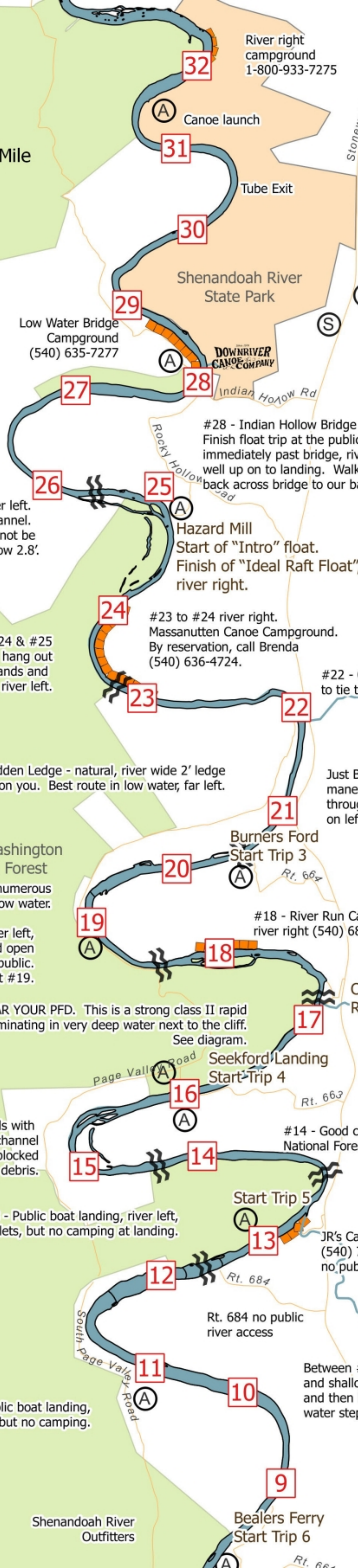
1. Wear your PFD (personal flotation device), especially if the river is swift or cold, and always at Compton Rapid. (Can't say it enough).
2. Protect yourself from the sun. Use sunscreen liberally on your head, shoulders, knees, toes and feet. Wear a hat.
3. Wear foot protection that covers your foot. Flip Flops don't cut it.
4. If you are caught in a sudden electrical storm, get to shore, try to avoid tall trees, and use your overturned watercraft as shelter.
5. Stay off the river when it is flooded out of its banks.
6. Avoid downed trees or any other obstacle in flowing water.
7. Beware of hypothermia and get out of cold water fast.
8. Paddling while under the influence is just not cool. Your selfishness robs others of enjoyment and could threaten the safety of all. Save the bottled fun for after the run, and make the drive home safe and sober.

Please be advised landscapes and watercourses continually change and evolve. Therefore, Adventure Enablers and Downriver Canoe Company do not guarantee the current accuracy or completeness of this map and do not accept responsibility for any inconvenience or injury that may occur as a result of the use of this map.



Map drawn to scale. Numbers represent mile markers physically present along the river. Green, shaded areas represent National Forest, everything else is private property (please stay off). Canoes and kayaks usually make about 3 miles per hour with steady paddling, rafts about half that, and tubes less than 1 mile per hour. Be considerate. Be safe. Have fun.

HEALTH ADVISORY ON EATING FISH - Fish caught in these waters may contain Mercury. Mercury may be hazardous to your health. No more than two meals (1/2 pound each) of fish per month should be eaten from these waters. Women who are pregnant or may become pregnant, nursing mothers, and young children should not eat any fish from these waters.



#27 - Shallow water, best route left of center. Great fishing.

#25 - Lower Mill Race - Entrance river left. A fun, twisty half mile side channel. Caution: occasional blockages, cannot be run in low water below 2.8'

#28 - Indian Hollow Bridge Finish float trip at the public boat landing immediately past bridge, river left. Pull watercraft well up on to landing. Walk paddles and PFDs back across bridge to our base.

#23 to #24 river right. Massanutten Canoe Campground. By reservation, call Brenda (540) 636-4724.

Between #24 & #25 Great picnic and hang out spot on the islands and National Forest, river left.

#22 - Overall Pool - Slow and deep here, a good spot to tie together, share lunch, and drown some worms.

Just past #23 - The Sudden Ledge - natural, river wide 2' ledge that will sneak up on you. Best route in low water, far left.

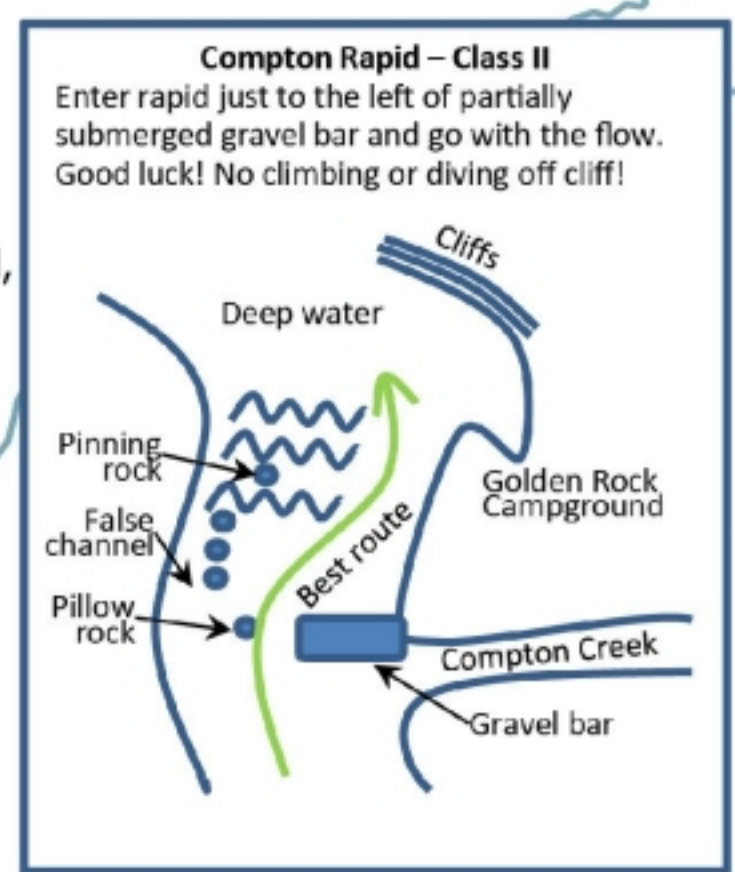
Just Before #21 - Rock Garden maneuvering required. Easiest way through, hang right (but more interesting on left).

#19 to #20 - Shallow section with numerous ledges. Hug the right bank in low water.

#16 to #19 - river left, National Forest land open to the public. Toilets at #19.

#18 - River Run Campground, river right (540) 683-9673

Compton Rapid - Caution: WEAR YOUR PFD. This is a strong class II rapid with 3' standing waves and terminating in very deep water next to the cliff. See diagram.



Seekford Landing Start Trip 4

#15 - Interesting islands with several routes. Avoid the channel on the right which is often blocked with trees & debris.

#14 - Good camp spot in the National Forest, river left.

#13 - Public boat landing, river left, toilets, but no camping at landing.

JR's Campground, river right (540) 743-3298 Start trip #5, no public river access.

Rt. 684 no public river access



#11 - Foster's public boat landing, river left, but no camping.

Between #10 & #12 - river is wide and shallow, hang in the center and then hang left at #12. In low water step in and out of your canoe.

Shenandoah River Outfitters

Bealers Ferry Start Trip 6