

893 – Unit Medical Policy



Commitment to Safety

893 is committed to providing a safe environment for all Scouts and Adults, including those who require medications for both health and behavioral issues.

Safety is our first priority. The Unit requires that all event participants adhere to this Medical Policy, along with all other Scouts BSA and Unit policies, at all times. Outdoor and overnight events often include over 30 to 40 people, of varying ages, maturity, and time with the Unit. In recent years, the numbers of Scouts who are taking medication have grown significantly, and we have developed our procedures to ensure a safe environment for all.

First Aid Training

893 maintains a high level of training among our leaders for first aid needs. Besides the training inherent in the Scouts BSA program, we usually have four or five Red Cross trained leaders on each event. The Sully District provides regular First Aid/CPR and Wilderness First Aid training at cost for Registered Scout Leaders. Please see the Unit Medical Officer if you are interested in receiving this training.

893 Medical Policy:

- 893 complies with the Health Insurance Portability and Accountability Act of 1996(HIPAA), which provides data privacy and security provisions for safeguarding medical information.
- Unit medical forms are shared only with those leaders with a need to know, and are destroyed promptly when no longer needed. Only those individuals who may need to know medical information to protect your Scout will have access to them (Medical Officers, Scout Master, Advisor, Committee Chair, etc). Scouts with life-threatening allergies requiring use of an EpiPen will be identified to all Leaders to ensure quick response should an incident occur.
- First aid kits are posted in a central location at all events, and are lighted at night for easy identification. Adult and Scout leaders are instructed as to their location at all events.
- The Unit Trauma kit is placed in an available location on events where an Ax Yard is required. Unit Scouts are trained in the safe use of ax yard equipment and protocols. In situations where “untrained” individuals are near or in the ax yard or where deemed appropriate by the Unit Leader, an Adult, who has been trained on the safe use of an axe yard and who is preferably: a registered Adult and trained in first aid, will provide supervision of the Ax yard while in use.
- All medicines, including over the counter medications, will be held by the designated Unit Medical Officer during all events, excepting day events where the medication does not need to be dispensed. This includes those for adults as well as Scouts. For the protection of all Scouts, these are kept locked up in a location that at least 3 Adult Leaders will have access to at all times, all of which have been trained in first aid and medicine safety.
- Epi-pens and rescue inhalers must be carried at all times by those for whom they are prescribed.
- The Unit maintains a current set of standard over the counter medicines (OTC) for common issues; see table below for details. The purpose of shared OTC medications is to significantly reduce the storage required to keep medicines securely stored while on campouts. All OTCs will be stocked in single use packs to limit the risks of contamination of large multi-use containers. If you elect to not allow the use of Unit OTC medications, please be aware that Unit will not be able to provide these while on the outing regardless of a verbal approval by the guardian.
- All medicines must be provided to the Medical officer in the original prescription container, and with a Unit Medical Form (provided below). Please note, the Unit cannot dispense medicine contrary to the instructions on the container. If the prescription says 1X in the AM, we cannot adhere to a parent or guardians’ note that says 1X as needed. We will strictly follow all prescription information per the dispensing pharmacy.
- All dispensations will be logged and available for inspection by the parent or guardian on our 893 Medication Dispensation Log. This log will note the date, time, dosage, and dispensing leader for all medicines, including over the counter.
- Only provide OTC medicines if they are not on the list of Unit supplied medicines. Please do not send large bottles of medicines that only require a 1 oz dosage per day. Liquid medicines are very hard to distribute in a camp environment – please avoid them if at all possible.

- **For Prescription drugs, Morning Dosages, Evening Dosages, and As Needed Dosages must be packaged separately, with a separate form.** We often have 30 or more prescriptions to dispense, and have designed our process to use 3 lock boxes – one for AM, one for PM, and one for As Needed. This enables quick and efficient dispensing of medicines.
- **After events, unused medicines will be returned to the parent or guardian at Centreville United Methodist Church when the Unit is dismissed.** Any medication not collected at this point will be destroyed to avoid our leaders having medications not prescribed to them in their possession. Please make arrangements with the Medical officer prior to the event if different accommodations are needed.

893 Supplied OTC Medications

Medicine	Generic For	Dosage	Notes
Diphenhydramine (antihistamine)	Benadryl	25mg – Single Dose Tablet	Can cause drowsiness
Diotame (bismuth subsalicylate)	Pepto Bismal	Tablet contains bismuth subsalicylate 262mg	May cause discoloration of stool
Electrolyte Tablets	Calcium, Magnesium, Potassium	2 tablets	Used to treat heat related illnesses and cramps
Diamode (Loperamide Hydrochloride)	Imodium	2mg	Treatment for diarrhea
Ibuprofen	Advil	200mg	Treatment of minor aches/pains and reduces inflammation
Acetaminophen	Tylenol	325mg	Treatment of minor aches and pains, and reduces fever.
Hydrocortisone	Many brands	1% Creme	Used for bites and rashes

Non-Medical Issues

893 is fortunate to have leaders who have experience in the wide variety of emotional and developmental issues of youth. While not certified professionals in these areas, and in no way replacements or substitutions for the professionals, they are compassionate experienced youth leaders.

If you or your child have an issue that requires discretion (diet issues, bathroom related issues, etc.), please do not hesitate to discuss it with the Scout Master, Cub Master, Crew Advisor, Committee Chair, or Medical Officer. We will try to make all possible accommodations to deal with the issue and ensure you and your Scout has a great experience.



Unit Medication Dispensing Approval Form (to be filled out by Unit Medical Officer)

SCOUT Last Name, First Name _____

Event/Activity _____ Dates _____ - _____ Location _____

Approval to Dispense OTC Medications

By initialing this box, I am consenting to **ALLOW** the Unit to dispense the following listed OTC medications. If there are specific OTC medications that SHOULD NOT be administered place an X next to it in the "Do Not Dispense" column.

Initial here

Medication	Generic for	Do Not Dispense
Diphenhydramine (antihistamine)	Benadryl	<input type="checkbox"/>
Diotame (bismuth subsalicylate)	Pepto Bismal	<input type="checkbox"/>
Diamode (Loperamide Hydrochloride)	Imodium	<input type="checkbox"/>

Medication	Generic for	Do Not Dispense
Electrolyte Tablets	Calcium, Magnesium, Potassium	<input type="checkbox"/>
Ibuprofen	Advil	<input type="checkbox"/>
Acetaminophen	Tylenol	<input type="checkbox"/>
Hydrocortisone	Many brands	<input type="checkbox"/>

Approval to Dispense Prescription Medications

Use a separate form for each of the different times of day – we have specific lockers for morning, evening, and as needed. For each time of day, place required medicine along with the corresponding form in a Zip Lock bag.

MORNING – Prescription List

Medication*	Dosage	Timing	Notes

EVENING – Prescription List

Medication*	Dosage	Timing	Notes

AS NEEDED – Prescription List

Medication*	Dosage	Timing	Notes

By signing below, I acknowledge that I have thoroughly read and understand the 893 Unit Medical Policy. I am also hereby authorizing the 893 Unit Leadership to dispense the OTC and prescription drugs listed on this form to my Scout and agree that 893, It's Volunteers, the Chartering Organization, and Scouts BSA will not be held liable for any adverse effects from dispensing these medications.

Parent or Guardian Name (please print)

Parent or Guardian Signature

Date

